
**Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore**  
**Shri Vaishnav Institute of Social Sciences, Humanities and Arts**  
**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**M.A./M.Sc. Anthropology**  
**Semester I (2023-2025)**

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME									
			THEORY			PRACTICAL			L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment	END SEM University Exam	Teachers Assessment					
MAANTHRO 101	CC	Physical Anthropology	60	20	20	0	0	3	0	0	3	

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;  
 \*Teacher's Assessment shall be based on following components: Quiz/Assignment/Project/Participation in Class, given that no component shall exceed more than 10 marks.

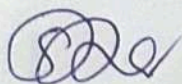
**MAANTHRO101: PHYSICAL ANTHROPOLOGY**

**Course Educational Objectives (CEOs): The student will be:**

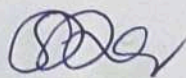
- CEO 1:** To provide an understanding of the Physical Anthropology, Meaning, and scope.  
**CEO 2:** To provide an understanding of the Theories of Organic Evolution, Processes, and Principle involved in its Operation; Biological basis of life, Heredity, and Evolution  
**CEO3:** To provide a background canvas for understanding the story of human evolution focusing mainly on the Basic Principles and Processes involved in Human Evolution.  
**CEO4:** To provide an understanding of the concept of Biological Biodiversity; about Man's place in Animal Kingdom and Concept of Race  
**CEO5:** To provide knowledge about Human Genetics; Heredity and Evolution

**Course Outcomes (COs): The students are expected to:**

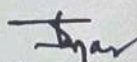
- CO 1:** Explain the Evolutionary Process,  
**CO 2:** Explain how humans evolved both Physically and Culturally,  
**CO 3:** Describe the place of humans in the natural world and compare the Non-Human Primates in relation to Human Evolution; and interpret Why humans are considered a Primate  
**CO 4:** Explain what Biological Diversity and the Concept of Race is  
**CO 5:** Elaborate on why humans vary biologically in the patterns that we see.



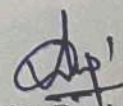
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MAANTHRO 101	CC	Physical Anthropology	60	20	20	0	0	3	0	0	3	

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**Course Contents:**

**UNIT I: History and Development of Physical Anthropology**

- Definition and Scope
- Relationship with Other Disciplines
- Applied Dimensions I
- Applied Dimensions II

**UNIT II: Human Evolution**

- Principles of Evolution
- Theories of Organic Evolution
- Modern Synthetic
- Palaeo - anthropology

**UNIT III: Primate Study**

- Living Primates
- Primate Behaviour
- Phylogeny of Living Primates; and Primate Anatomy

**UNIT IV: Biological Diversity**

- Concept of Race, UNESCO Statement of Race
- Distribution and Characteristic
- Criteria of Biological Diversity
- Racial Classification

  
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**UNIT V: Human Genetics**


- Human Genetics
- Methods in Human Genetics
- Population Genetics
- Aberrations in Chromosomes

**Suggested Readings:**

- Das, B.M. (2021). **Outlines of Physical Anthropology**. Kitab Mahal, Allahabad.
- Das, B.M. (1998). **Outlines of Physical Anthropology**. Kitab Mahal, Allahabad.
- Carlson, E.A (1984). **Human Genetics** Tata Mc Graw-Hill Publishing Company Ltd. New Delhi.
- Comas, Juan, (1960). **Manual of Physical Anthropology**; Charles C. Thomas Illinois.
- Buttner Janusch, J. (1969). **Origins of Man**. Wiley Eastern Pvt. Ltd. New Delhi.
- Das, B.M. (1998). **Outline of Physical Anthropology**. Kitab Mahal, Allahabad.
- Tanner (1978). **Foetus into Man- Physical growth from conception to maturity**. Harvard University Press.
- Harrison, Weiner, Tanner and Barnicot, (1988). **Human Biology**, Oxford University Press.
- Lasker, G.W. (1976). **Physical Anthropology**. Holt, Rinehart & Winston, New York.
- Montagu, M.F.A.(1961). **An Introduction to Physical Anthropology**, Charles C. Thomas Illinois.
- Shukla, B.R.K. and Sudha Rastogi,(2012). **Physical Anthropology and Human Genetics**. Palaka Prakashan.
- Sarkar, R.M. (1965). **Fundamentals of A physical Anthropology**. Vidyulaya Library Pvt. Ltd.
- Stern, Curt (1963). **Principles of Human Genetics**. Eurasia Publishing House Private Limited, New Delhi.

  
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MAANTHRO 102	CC	Social and Cultural Anthropology	60	20	20	0	0	3	0	0	3

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

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**MAANTHRO102: SOCIAL AND CULTURAL ANTHROPOLOGY**

**Course Educational Objectives (CEOs):**

- CEO 1:** To provide a basic understanding of social and cultural anthropology, its history, origin, elements, and subject matter
- CEO 2:** To introduce fundamental areas of inquiry in Social and Cultural Anthropology
- CEO 3:** To provide knowledge about the concepts and distinctions between Society and Community; Society and Culture; Culture and Civilization
- CEO 4:** To provide knowledge about the definition and types of Family, Marriage, and Kinship
- CEO 5:** To impart the conceptual and theoretical knowledge of Social and Cultural Anthropology and practical knowledge about traditional Fieldwork and data collection techniques in Anthropology and help students appreciate cultural diversity

**Course Outcomes (COs): The students are expected to:**

- CO 1:** Explain the disciplinary identity, scope, and limitations of Social and Cultural Anthropology; major concepts and related terms; the concept of Society and Culture.
- CO 2:** Understand and analyze the differences and commonalities of people and societies across the world
- CO 3:** Use Anthropological concepts and gain skills for critically reading and visually analyzing the world around us
- CO 4:** Describe the social institutions like Family, Marriage, and Kinship and recognize and utilize Anthropological vocabulary to explain cultural behavior such as Kinship terminology.
- CO 5:** Explore a wide range of topics spanning many of the key themes of research in Social Anthropology

**Course Contents:**

**UNIT I: Introduction to Social Anthropology**

- Social Anthropology: Nature and Scope
- Philosophical and Historical Foundations of Social Anthropology
- Relationship of Social Anthropology with Allied Disciplines

  
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MAANTHRO 102	CC	Social and Cultural Anthropology	60	20	20	0	0	3	0	0	3

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**UNIT II: Society and Culture**

- Concept of Society and Culture
- Social Groups
- Social Identity and Movements
- Social Change in Indian Context

**UNIT III: Marriage: Definition, Typology, Residence and Functions of Marriage, Incest and Prohibited Categories, Preferential Forms of Marriage, Marriage Payments.**

**UNIT IV: Family: Definition, Typology, and Functions. The universality of Family. Households and Domestic Groups, Typological and Processual Approaches to the Study of Family. Joint Family, Stability and Change.**

**UNIT V: Kinship: Definition; Kins -Consanguine and Affinal; Principles of Descent and Alliance Theory; Types of Descent Groups-Lineages, Clans, Phratries, Moieties, Tribe; Kinship Terminology; Kinship Behaviour.**

**Suggested Readings:**

**Text Books-**


- Lavenda, Robert H. and Emily A. Schultz (2019). **Core Concepts in Cultural Anthropology.** Oxford University Press.
- Peregrine, Peter, N. Ember, Carol R. and Melvin Ember (2020). **Anthropology.** Prentice Hall of India
- Evans-Prichard, E.E (1990). **Social Anthropology.** New Delhi: Universal Book Stall.
- Harris, Marvin (1983). **Cultural Anthropology.** New York: Harper & Row Publication.
- Havilland, W A. (1993). **Cultural Anthropology.** London: Harcourt Brace College Publication.

  
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- Honigman, J. (1997). **Handbook of Social and Cultural Anthropology**. New Delhi: *Rawat Publication*.
- Rosman & Rubel (1989). **The Tepestry of Culture**. New York: *Random House*.

**Reference Books**

- Barrett, R. (1984). **Culture and Conduct**. *Wadsworth Publishing*.
- Duranti, Alessandra (1997). **Linguistic Anthropology**. Cambridge: *Cambridge University Press*.
- Fox, Robin (1967). **Kinship and Marriage**. *Penguin Books*.
- Lewellen, Ted (1983). **Political Anthropology: An Introduction**. Massachusetts: *Bergin & Garvey Publishers Inc.*
- Lavenda, Robert H. and Emily A. Schultz (2019). **Core Concepts in Cultural Anthropology**. *Oxford University Press*
- Sahlins, & Service (1970). **Evolution and Culture**. Ann Arbor: *University of Michigan Press*.
- Peter, N. Peregrine Carol R. Ember; Melvin Ember (2020). **Anthropology**. *Prentice Hall of India*
- Ember & Ember (1995). **Anthropology**. New Delhi: *Prentice Hall of India Private Limited*
- Ember & Ember (2008). **Anthropology**. New Delhi: *Pearson Prentice Hall of India Private Limited*.
- Hicks & Gwynne (1994). **Cultural Anthropology**. *Harper Collins College Publishers*.
- Holy, Ladislav (1996). **Anthropological Perspectives on Kinship**. London: *Pluto Press*.
- Mair, Lucy (1998). **An Introduction to Social Anthropology**. *Oxford University Press*.
- Pandey, Gaya (2017). **Social – Cultural Anthropology**. *Concept Publishing Company Pvt. Ltd.*
- Vidyarthi, L. P., and Rai, B. K. (1985). **Tribal Cultures in India**. New Delhi: *Concept Publishing House*.
- Kottak, C. P. (2002). **Anthropology: The Exploration of Human Diversity**. New York: *McGraw-Hill, Inc.*
- Harris, Marvin (1985). **Culture, People, Nature: An Introduction to General Anthropology**. New York: *Harper & Row Publishers, Inc.*

  
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MAANTHRO 103	CC	Archaeological Anthropology	60	20	20	0	0	3	0	0	3

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**MAANTHRO103: ARCHAEOLOGICAL ANTHROPOLOGY**

**Course Educational Objectives (CEOs):**

- CEO 1: To provide knowledge of the archaeological basis of anthropology and an understanding of Prehistoric and Proto-historic human cultures.
- CEO 2: To acquaint the students with foundations in Archaeological Anthropology.
- CEO 3: To relate Archaeological Anthropology with other branches of Anthropology
- CEO 4: To provide knowledge about types of available Dating Methods, their Advantages and Disadvantages
- CEO 5: To Provide knowledge about the features Paleolithic Culture

**Course Outcomes (COs): The students are expected to:**

- CO1: Describe the basic terminologies, branches, sub-fields of Archaeological Anthropology and their interrelationship, scope and historical development.
- CO 2: Indicate the close relationship between Archaeology and how this relationship is helpful for the study of human cultures across time and space
- CO 3: Recall the Geological Time Scale, Environment, Stratigraphy and their Characteristics detail the types, their Advantages, Disadvantages and their available dating methods implications to Archaeological data
- CO 4: Discuss the types of available Dating Methods, their Advantages, Disadvantages and their implications to Archaeological data
- CO5: Describe the Tool-Making Technology, Raw Materials used, Tool Types and Functions in an evolutionary perspective survey the cultural chronology of Palaeolithic period



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MAANTIHO 103	CC	Archaeological Anthropology	60	20	20	0	0	3	0	0	3

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**Course Contents:**

**UNIT I: Definition and scope**

- Definitions and Scope
- History and Development
- Interdisciplinary Relations and Approaches

**UNIT II: Archaeological Units**

- Space
- Tool Families
- Tool- Technologies
- Household and Decorative Objects

**UNIT III: Geological Framework**

- Time and Space
- Recent Period
- Human Palaeontology

**UNIT IV: Dating Methods**

- Relevance of Dating
- Relative Chronology
- Absolute Chronology

**UNIT V: Palaeolithic Cultures**

- Lower Palaeolithic Cultures
- Middle Palaeolithic Cultures
- Upper Palaeolithic Cultures
- Palaeolithic Art

  
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MAANTHRO 103	CC	Archaeological Anthropology	60	20	20	0	0	3	0	0	3

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**Suggested Readings:**

- Agarwal, D.P. (1982). **The Archaeology of India**, New Delhi.
- Agarwal, D.P. (1974). **Prehistoric Chronology and Radiocarbon Dating in India**, New Delhi
- Dobzansky, T. (1966). **Mankind Evolving: The Evolution of Human Species**. New Heaven, *Yale University Press*.
- Ember, Ember & Peregrine (2007). **Anthropology** (12th edition), *Pearson Prentice Hall of India Pvt. Ltd.*, New Delhi.
- Ghosh, A. (1973). **Encyclopedia of Indian Archaeology**. New Delhi.
- Harrison, G.A, Weiner J.S, Tanner J.M, Bamicot V (eds.). (1977). **Human Biology: An Introduction to Human Evolution, Variation, Growth and Ecology**.
- Janusch Buettner (1966). **Origins of Man**. *John Wiley & Sons Inc.*, New York
- Jam. K.C. (1979). **Prehistory & Protohistory of India**. *Agam Kala Prakashan*, New Delhi.
- Krishnamurthy (1995). **Introducing Archaeology**. *Ajanta*, New Delhi.
- Oakley, K.P. (1957). **Man the Tool Maker**. *University of Chicago Press*, Chicago.
- Reddy, Rami (1997). **Elements of Prehistory**.
- Sali, S.A. (1990). **Stone Age India**. *Shankar Publishers*, Aurangabad.
- Sankalia, H.D. (1964). **Stone Age Tools: Their Techniques, Names, and Probable Functions**. *Deccan College*, Pune.
- Williams, B. (1979). **Evolution and Human Origin: An Introduction to Physical Anthropology**. *Row*, New York.
- Agarwal, D. P. (1998). **Dating the Human Past**. *Indian Society for Prehistoric & Quaternary Research*, Pune.
- Pappu, R. S. (2001). **Acheulian Culture in Peninsular India**. *D. K. Print-World Private Ltd*. New Delhi.

  
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MAANTHRO 104	CC	Human Growth Development, and Senescence	60	20	20	0	0	3	0	0	3	

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**MAANTHRO104: HUMAN GROWTH, DEVELOPMENT AND SENESCENCE**

**Course Educational Objectives (CEOs):**

- CEO1:** To provide an understanding of the Growth of Humans from a Fetus Into Man
- CEO2:** To provide knowledge about Methods of Studying Growth
- CEO3:** To provide understanding about the factors influencing Growth, Development and Senescence
- CEO4:** To provide knowledge about the concept of Nutrition, Nutritional Assessment and Nutritional Epidemiology
- CEO5:** To provide an understanding of the Process of Ageing

**Course Outcomes (COs):** Course Outcomes (COs): The students are expected to

- CO 1:** Define and describe the terms Growth, Development and Senescence and the Different Stages of Growth.
- CO 2:** Demonstrate the Techniques and Methods of Studying Growth
- CO 3:** Highlight the different factors that affect Growth, Development and Senescence.
- CO 4:** Explain the concept of Nutrition, Nutritional Epidemiology and acquire skills for the Assessment of Nutritional Status
- CO 5:** Demonstrate how the studies have contributed our today's knowledge

**Course Contents:**

**UNIT I: Fundamentals of Human Growth**

- Introducing Human Growth and Development
- Basic Principles of Human Growth
- Approach to Human Growth and Development
- Human Growth Stages: Prenatal Growth, Postnatal Growth, Adolescence. Senescence
- Measures of Maturity

**UNIT II: Assessment of Growth**


- Methods of Studying Growth

  
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**Choice Based Credit System (CBCS) in Light of NEP-2020**  
**M.A./ M.Sc. Anthropology**  
**Semester I (2023-2025)**

COURSE CODE	CATEGOR Y	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAANTHRO 104	CC	Human Growth Development, and Senescence	60	20	20	0	0	3	0	0	3

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

\*Teacher's Assessment shall be based on the following components: Quiz/Assignment/  
 Project/Participation in Class, given that no component shall exceed more than 10 marks.

- Growth Standards and References
- Growth Curves

**UNIT III: Factors Influencing Growth**

- Biological
- Environmental
- Lifestyle

**UNIT IV: Nutritional Anthropology**

- Concept of Nutrition
- Nutritional Status Assessment
- Nutritional Epidemiology

**UNIT V: The process of Ageing**

- Biological Ageing.
- Psychological Changes.
- Socio-cultural Dimensions of Ageing.
- Aged in the family; Ageing and Health.

**Suggested Readings:**

- Bagga, Amrita and Anuradha, Sakurkar (2013). **Women, Ageing and Mental Health.** Mittal Publication, New Delhi:ISBN.
- Bogin, B. (1999). **Patterns of human growth.** Cambridge University Press.
- Frisancho, R. (1993). **Human Adaptation and Accommodation.** University of Michigan Press.
- Cameron, N and B. Bogin (2012). **Human Growth and Development.** Second edition, Academic press Elsevier.
- Devi, Dayabati and Amrita Bagga (2006). **Ageing in Women: A Study in North-East India.** Mittal Publication, New Delhi.
- Harrison, G.A. and M. Howard (1998). **Human Adaptation.** Oxford University Press.
- Harrison, G.A; Tanner, J. M.; Pibeam, D.R. and P. T. Baker. (1988). **Human Biology.** Oxford University Press .
- Jurmain R, Kilgore L, Trevathan W. **Essentials of physical anthropology.** Wadsworth publishing.

  
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MAANTHRO 104	CC	Human Growth Development, and Senescence	60	20	20	0	0	3	0	0	3

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

\*Teacher's Assessment shall be based on the following components: Quiz/Assignment/  
 Project/Participation in Class, given that no component shall exceed more than 10 marks.

- Kapoor, A.K. and Kapoor, S. (1995). **Biology of Highlanders**. Vinod Publisher and Distributor.
- Kathleen, K. (2008).. Encyclopedia of Obesity. Sage.
- Malina, R.M., Bouchard, C. and B. Oded (2004). **Growth, Maturation, and Physical Activity**. Human Kinetics.
- McArdle, W.D.; Katch, F.I. and V. L. Katch (2001). **Exercise Physiology: Energy, Nutrition, and Human Performance**.
- Nath, P. (2020). **Physical Anthropology**. 9<sup>th</sup> Edition, Higher Publications.
- Singh, I; Kapoor, A.K. and S. Kapoor. (1989). **Morpho-Physiological and demographic status of the Western Himalayan population**. In Basu and Gupta (eds.). *Human Biology of Asian Highland Populations in the global context*.
- Sinha, R and S. Kapoor (2009). **Obesity: A multidimensional approach to contemporary global issue**. Dhanraj Publishers, Delhi.
- Shrivastava, R. P. (2010). **Morphology of the Primates and Human Evolution**. PHI
- Seth, P. K. and Seth, S. (1986). **The Primates**. Northern Book Centre, New Delhi, Allahabad.
- Tanner, James M. (1990). **Foetus Into Man: Physical Growth from Conception to Maturity**. Harvard University Press.
- Tanner, James Mourilyan. (1962). **Growth at Adolescence: With a General Consideration of the Effects of Hereditary and Environmental Factors Upon Growth and Maturation from Birth to Maturity**. Blackwell Scientific Publications.
- Ulijaszek, S. J., Johnston, F. E., & Preece, M. A. (Eds.). (1998). **The Cambridge Encyclopedia of Human Growth and Development (1 edition)**. Cambridge, UK ; New York, NY, USA: Cambridge University Press.
- Weiner, J. S. (1969). **Human Biology: A Guide to Field Methods**. Compiled by J. S. Weiner and J. A. Lourie. International Biological Programme by Blackwell Scientific.
- Williams, S. R. (1982). **Essentials of Nutrition and Diet Therapy**. Mosby.
- World Health Organization (1995). **Physical Status: The Use and Interpretation of Anthropometry: Report of a WHO Expert Committee**. World Health Organization.

  
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MAANTHRO 105	SEC	Field Study/Case Study	0	0	0	0	50	0	0	3	6	

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

\***Teacher's Assessment** shall be based on following components: Quiz/Assignment/Project/Participation in Class, given that no component shall exceed more than 10 marks.

**Course Objectives:**

1. This paper has an objective of exposing the students on various field study concepts.
2. To provide an opportunity for students to apply theoretical concepts in real life situations.
3. To enable students to manage resources, work under deadlines, identify and carry out specific goal oriented tasks.

**Course Outcomes:** The student shall be able to:

COI: Acquire research skills and capabilities to take up the project work.

The work serves the twin purposes of providing critical insights to students and providing industry with graduates of a high caliber who are ready to get ahead in the world from day one. There will be continuous evaluation of the student on the basis of work assigned and regular submissions. The students need to complete the work in the stipulated time.

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MAANTHRO 106	SEC	Seminar	0	0	0	0	50	0	0	4	2

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;  
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Project/Participation in Class, given that no component shall exceed more than 10 marks.

**MAANTHRO106**  
**Seminar**

This paper aims to develop effective presentation and good communication skills.

**Course Educational Objectives (CEOs):**

1. To demonstrate the subject knowledge
2. To demonstrate the applicability of the acquired knowledge.
3. To enable students to identify recent technical topics from interesting domains.
4. To develop presentation and communication skills.

**Course Outcomes:** The students are expected to:


- CO1: Identify recent technical topics from the interested domains; develop the technical report.  
Preparation; presentation and communication skills.
- CO2: Analyze the applicability of modern software tools and technologies.

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			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAANTHRO 107		Comprehensive Viva Voce	0	0	0	50	0	0	0	0	3

**Legends:** L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

\***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.


**Course Objectives:**

1. Provide an opportunity for students to apply theoretical concepts in real-life situations.
2. Enable students to manage resources, work under deadlines, and identify and carry out specific goal-oriented tasks.

**Course Outcomes:**

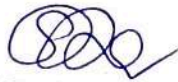
The student shall be able to:

1. Display the speaking skills and capabilities to demonstrate the subject knowledge.



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